

# Pranburi

## Multi-day Programme

Unlike our other camps, this programme is based at a beachfront Resort in the Khao Sam Roi Yot park near Pranburi. Though the furthest away from Bangkok, approximately 3½ hours driving time, this programme offers our teams a chance to relax after the training day is finished.



Set amongst the stunning mountain scenery, our Resort offers excellent accommodation, good food and a relaxing environment in which to conduct our exercises. We make use of the coastal features, its islands and plantations, for a wide variety of different team building and experiential learning objectives.

Of course, the learning aspect of the AMA programme is important. Equally important are the fun adventure activities we also have to offer, challenging team members to explore and confront their preconceptions. AMA programmes are



generally conducted in English, though we recognise that the level of spoken English of our teams may vary considerably between individuals. With that in mind AMA programmes always include Thai speaking facilitators. Our experienced facilitators look after their teams throughout these activities, concluding the exercise with a comprehensive debriefing discussion.

*There is always safety equipment used where necessary. Many of the adventure activities can be conducted within the safe confines of the Resort itself*

*Safety issues are very important to AMA. All of our activities are managed by our team facilitators at all times. We maintain a registered nurse and full first aid kit which are mobile.*



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